Regarding the new coronavirus disease (COVID-19), if you are travelling from affected areas, **UPON ARRIVAL IN SPAIN** please keep the following recommendations in mind:

- If you don’t have any symptoms you can go about your daily life (family, work, leisure and/or scholar).
- Monitor your health for the following 14 days after arriving from affected areas.
- If during that period of time you develop symptoms of acute respiratory infection; such as
  - fever,
  - cough or
  - shortness of breath,
  
  stay at home/accommodation and

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| Information telephone for citizens 900 400 116 |

and inform of your recent trip and symptoms.

For more information, visit the website of the Ministry of Health: [www.sergas.es](http://www.sergas.es)